



The Riff Space™: Riffing Dates and Topics

Thank you for your interest in joining us in The Riff Space: An Irreverent and Sacred Community of Practice. We're so glad that you're considering riffing with us.

We'll be meeting twice a month, every other Tuesday evening at 6 p.m. Eastern time, beginning January 25th, 2022. Check your calendar to make sure you can be there—if you have to miss one or two, don't worry. You can choose to use your free session with a coach to make up any missed conversations or exercises. (Yes! Didn't we tell you? You get one free one-on-one session with the coach of your choice to do a deeper dive or riff on a topic you missed. Man, this program is loaded with goodness.)

We've worked to put together a program that we think will meet the needs of participants who are starting 2022 with an intentional focus on how they want to approach their work and not-work lives. We're also staying open to see how the needs of the group evolve, so we may end up riffing on other, more relevant topics that will improve everyone's experience.

Tuesday, January 25, 2022: Know Yourself Again for the First Time

In this session, we'll use two tools. The Designed Relationship will show you how to avoid disappointments and misunderstandings in any relationship by explicitly asking for what you want (which kind of requires you to a) want something from the relationship, and b) know what that is.

The second tool, the Heart-Centered Values exercise, will reveal the surprising truth about what you value most. We will NOT use lists of words like "integrity" and "transparency," although we hope you have both. We WILL uncover more meaningful things that will act as your guide for the rest of the sessions.

Tuesday, February 8, 2022: Open Riff

What's on YOUR mind? All Open Riffs will be driven by the needs of participants. Bring your challenges, ideas, successes, or failures and get the support of this brilliant community. (And for continuity's sake, we'll begin by taking a moment to review how the previous Riff Space session impacted you.)

Tuesday, February 22, 2022: Spot Your Brilliance

With the help of The Riff Space coaching team, you'll riff on how to best articulate what's unique and compelling about you, your business, and your way of moving through the world. We'll hold up a mirror so you can see for yourself. (And we'll also provide you with several tools/exercises to help you go deeper.)

Tuesday, March 8, 2022: Open Riff

Tuesday, March 22, 2022: Meet Your (Internal) Team

Some of our most spectacular riffs have been about the voices of the various characters that we call "parts" of ourselves. When part of you is motivated, but part of you isn't, or when part of you thinks you should do one thing and another part has a different opinion, you might feel torn...apart. Using methods based on our own experiences with tending and befriending ALL of our parts, you'll learn to hear the wisdom in the messages of your internal team members so you can move forward with more confidence.

Tuesday, April 5, 2022: Open Riff

Tuesday, April 19, 2022: Off the Starting Line

We'll riff on ideas for how you can move forward, sustainably. (Action is good, except when it isn't.) We'll give you a tool or two to help support you along the way. By the time the buds are back on the trees, you'll be doing things you might not have imagined before.

Tuesday, May 3, 2022: Closing Open Riff

One last opportunity to riff on whatever you need to talk about most. And we'll have a closing ceremony to celebrate the irreverent and sacred bonds we've created.